

HE TERRY FOX FOUNDATION

December, 2016

Dear Syfrey

"The answer is to try and help others." Terry Fox

Thirty-six years ago Terry Fox answered his own question about what really mattered in life. His desire to help others was evident in every mile he ran during the 1980 Marathon of Hope, and in his fierce determination to take himself to the limit for the cause.

In keeping with this spirit of helping others, The Terry Fox Foundation salutes you, our wonderful Team Captain, for forming a fundraising team to participate in the 36th Terry Fox Run. How can we ever express what your leadership means not only to us, but to everyone touched by cancer? Your group joined 1,800 Terry Fox teams this year-teams that contributed \$2 million towards the \$12 million raised in Ontario in 2016. These funds will ensure the pace of progress in research does not diminish, and give all patients hope for a healthier future.

We know finding time in your busy lives to get involved in a cause that is meaningful to you is not easy. Terry himself once said of his Marathon, "It's not supposed to be easy." While it may not be easy for you to balance personal and professional responsibilities with voluntary and charitable efforts, please know that every effort eases the burden of cancer. For a patient, simply knowing they are not alone makes a tremendous and positive impact in their fight against this disease.

Thank you again for keeping Terry's dream to find cures for all cancers alive. We couldn't do it without you.

With heartfelt thanks,

Bruna, Steven & Kathryn

Your Ontario Office Team

P.S. Please accept the enclosed limited edition 2016 Terry Fox lapel pin as a

gesture of our thanks for your support this year.

Thank you for your continued leadership your common it ensures The freat success of this year's team findraising affort!