

TERRY FOX RUN SEPTEMBER 15, 2013

Inspired By A Dream,
Grounded In Tradition,
Volunteer-Driven.

No entry fee.
No minimum donation.



2013 Markham- Unionville Terry Fox Run September 15, 2013

Terry Fox was born July 28, 1958 in Winnipeg to parents Rolland (Rolly) and Betty Fox. He had two brothers, Fred and Darrell, and one sister, Judith. In 1966, Terry's family moved to Surrey, B.C., settling in Port Coquitlam two years later.

Although he was short for the game and not the best at it, he loved basketball. Using his inherent strength, he drove himself to success and eventually earned a place on the team at Simon Fraser University, where he studied Kinesiology.

In March of 1977, Terry was diagnosed with osteogenic sarcoma (bone cancer) which led to the amputation of his right leg.

Quickly after his amputation, Terry joined the *North American Wheelchair Basketball Association* where he helped win three national titles and was named an all-star in 1980.

While recovering from his surgery, Terry was overwhelmed by the effect that cancer had on those around him. It was then that he decided to make a

difference and that the *Marathon of Hope* was born.

Although he was young, his goal was bold: to run across Canada to raise awareness about cancer and to raise \$1 for every Canadian for cancer research.

April 12, 1980, Terry Fox began his *Marathon of Hope*, dipping his prosthetic leg into the Atlantic Ocean in Newfoundland and filling two bottles with water – one to keep and the other to pour into the Pacific Ocean across Canada.

With his best friend, Doug Alward, driving his van and cooking his meals, Terry embarked on what remains to be one of the most amazing feats this country has seen – running 42 kilometers a day (the equivalent of a marathon) across Canada.

In 1980, Terry was (the youngest ever to be) awarded the *Order of Canada*, B.C.'s *Order of the Dogwood*, and the *Lou Marsh Award* while Canada's National Sports Hall of Fame dedicated a permanent exhibit to him.

Upon his death on June 28, 1981, flags across Canada were at half-

mast and he had raised over \$1-million for cancer research. His goal of raising \$1 per Canadian was reached the following year (and has since been realized over 600 million times over, globally).

Prime Minister Trudeau had these words to say about Terry's passing:

"It occurs very rarely in the life of a nation that the courageous spirit of one person unites all people in the celebration of his life and in the mourning of his death.... We do not think of him as one who was defeated by misfortune but as one who inspired us with the example of the triumph of the human spirit over adversity."

Today, 33 years later, the *Marathon of Hope* is still going strong and gains more momentum every time the communities across Canada come together to carry on Terry's legacy.



"I want to try the impossible to show that it can be done." – Terry Fox

On Sunday September 15, 2013, the 33rd annual Terry Fox Run for cancer research returns to Markham-Unionville and you're invited to participate! Below, please find all of the information that you will need to participate in, or support, the run.

Date: Sunday September 15, 2013

Location: Old Unionville Library (start and finish)

Registration: 9:00am

Opening Ceremony: 9:40am

Official Start: 10:00am

Routes: 1km, 5km, and 10km ([map](#))

Course Open: 10:00am to 12:00pm



Want to register as an individual?

[INFORMATION](#)

[REGISTRATION](#)

Want to Team Up for Terry?

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Want a personalized t-shirt for you and your team?

See the attached T-Shirt Order Form. *Terry's Team* members get a complimentary red t-shirt.

Want to join Terry's Team?

[INFORMATION](#)

[REGISTER](#)

Want to donate to a participant, team member, entire team, or an event?

[INFORMATION](#)

[DONATE](#)

This year we have done something special to honour Terry Fox and his *Marathon of Hope*. You're invited to add your Terry Fox Shoe to this year's commemorative start line (above). Shoes will be available on run day, so be sure to get your hands on one! **Thank you so much for your support, see you September 15!**

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